



# STAR Analysis Form

Purpose: *To collect information regarding vocalisations and self-injurious behaviour for X.*

When to complete:

- Following any vocal behaviours (screaming or shouting) which last in excess of 5 seconds.
- Following any incident of Self-Injurious Behaviour (i.e. hitting her own face, pressing into her eyes with her fingers, or biting her own hand).

<b>Date &amp; Time</b>	<b>Service User</b>	<b>Staff on Shift</b>	<b>Setting Event:</b> Events that contribute to (but don't cause) the behaviour. I.e. tired, hungry, illness...	<b>Trigger:</b> What happened IMMEDIATELY prior to the behaviour	<b>Action:</b> What was the behaviour?	<b>Response:</b> What EXACTLY did you do in response.
<i>1<sup>st</sup> Jan 2017 11.52am</i>	<i>X</i>	<i>PB &amp; KP</i>	<i>X was up several times during the night</i>	<i>Asked X to put her laundry in the basket.</i>	<i>X grabbed KP's hair with her right hand and pulled her downwards towards the floor.</i>	<i>PB stabilised X's hand to allow KP to release her hair from the grip.</i>
<i>1<sup>st</sup> Jan 2017 15.20pm</i>	<i>X</i>	<i>KP</i>	<i>X appeared settled. Was sitting watching TV in the lounge.</i>	<i>PB arrived on shift</i>	<i>X began to scream and hit her forehead with an open palm.</i>	<i>PB and KP withdrew for 10 minutes.</i>

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